

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Monday, Week 1 - ServingDate: 09/09/2019																	
Breadsticks, Cheese, MAX Sticks (3) w/ Dippers, MMA, WG - LR100753 (1 serv.)	350	497.50	21.63	7.50	0.00	15.00	1352.50	50.75	6.50	3.75	24.50	3.24	460.00	487.50	3.00	(M)	(M)
Chicken Fajitas, MMA, WG, Veg-RO - LR100821 (1 serv.)	125	367.79	9.49	3.62	0.00	51.28 (M)	1550.09	42.20	6.76(M)	8.57(M)	24.07	2.63(M)	276.39 (M)	344.53 (M)	7.92(M)	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	10	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Rice, Seasoned Brown, WGR - LR100910 (1/2 c.)	500	192.70	3.21	1.01	0.00	0.00	1088.47	35.63	2.18	0.22	4.09	0.84	7.01	117.75	1.66	123.12 (M)	2.91(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	500	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	500	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	500	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	500	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 1 - ServingDate: 09/10/2019																	
Entree, WG French Toast Sticks w/ Sausage Patties & Syrup, WG, MMA - LR100452 (1 portion)	300	455.00	16.00	3.67	0.00	160.00	598.33	66.17	4.00	34.17	16.67	2.46	116.67	266.67	0.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 1 - ServingDate: 09/10/2019																	
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Sandwich, Turkey Club w/ American Cheese & Bacon on Whole Wheat, WG, MMA - LR100161 (1 sandwich)	100	363.61	16.14	2.50	0.00	45.45	907.17	31.54	4.00	6.27(M)	25.72	1.67	40.00	100.00	0.00	(M)	(M)
Potato, Tater Nugget Gem, Frozen, JR Simplot, 004189, Veg-S - LR100494 (3 ounces)	430	169.90	9.99	1.50	0.00	0.00	299.82	18.99	2.00	0.00	2.00	0.36	19.99	0.00	4.80	(M)	(M)
Vegetable, Crunchy Broccoli Blanched, Veg-DG - LR100896 (1/2 c.)	430	25.13	0.00	0.00	0.00	0.00	20.69	4.84	2.77	0.92	2.77	0.81	44.73	2773.32	85.97	11.84 (M)	0.01(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	215	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	215	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	430	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	430	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Wednesday, Week 1 - ServingDate: 09/11/2019																	
Nuggets, Chicken Nuggets with Wheat Roll, MMA, WG - LR100040 (1 serv.)	350	270.00	11.00	2.00	0.00	25.00	470.00	26.00	2.00	1.00	19.00	2.52	40.00	100.00	16.20	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Wednesday, Week 1 - ServingDate: 09/11/2019																	
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	20	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, Quesadilla Chicken Whole Grain 5 oz, The MAX, ConAgra, 77387-12700, MMA, WGR, Veg-RO - LR100618 (1 each quesadilla)	140	300.00	10.00	2.00	0.00	15.00	790.00	34.00	4.00	4.00	17.00	(M)	100.00	200.00	(M)	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	10	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Potato, Spiral French Fry, Frozen, McCain Foods USA, MCL03622, Veg-S - LR100155 (3 oz 1 servi)	520	149.91	8.00	1.00	0.00	0.00	389.77	17.99	2.00	0.00	2.00	0.00	0.00	0.00	1.20	(M)	(M)
Seasoned Green Beans, Veg-O - LR100886 (1/2 c.)	520	41.87	1.89	0.83	0.00	0.00	163.54	6.04	2.31	1.96	1.17	0.69	38.58	514.34	3.23	9.07(M)	0.37(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	260	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	260	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	520	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	520	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 1 - ServingDate: 09/12/2019																	
Entree, WG French Toast Sticks w/ Sausage Patties & Syrup, WG, MMA - LR100452 (1 portion)	300	455.00	16.00	3.67	0.00	160.00	598.33	66.17	4.00	34.17	16.67	2.46	116.67	266.67	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Sandwich, Turkey Club w/ American Cheese & Bacon on Whole Wheat, WG, MMA - LR100161 (1 sandwich)	100	363.61	16.14	2.50	0.00	45.45	907.17	31.54	4.00	6.27(M)	25.72	1.67	40.00	100.00	0.00	(M)	(M)
Potato, Tater Nugget Gem, Frozen, JR Simplot, 004189, Veg-S - LR100494 (3 ounces)	430	169.90	9.99	1.50	0.00	0.00	299.82	18.99	2.00	0.00	2.00	0.36	19.99	0.00	4.80	(M)	(M)
Vegetable, Crunchy Broccoli Blanched, Veg-DG - LR100896 (1/2 c.)	430	25.13	0.00	0.00	0.00	0.00	20.69	4.84	2.77	0.92	2.77	0.81	44.73	2773.32	85.97	11.84 (M)	0.01(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	215	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	215	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	430	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	430	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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2019-2020 Bristol Township SD, 6-8, Lunch, Friday, Week 1 - ServingDate: 09/13/2019																	
Hoagie, Tuna Hoagie on WG Italian Hoagie Roll, WG MMA - LR100566 (1 sandwich)	50	375.00	9.75	0.75	0.00	67.50	1227.50	39.00	4.00	2.50	33.00	2.52	60.00	0.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, Smart Slice, 14in Whole Grain, Domino's, MMA, Veg-RO, - LR100775 (1 Slice (1/8))	400	260.00	14.00	8.00	0.00	45.00	540.00	31.00	3.00	3.00	15.00	1.80	350.00	750.00	6.00	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	480	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Sweet Potato, Fries, Crinkle Cut, J.R. Simplot Com - LR100003 (3 ounces)	480	160.00	8.00	1.50	0.00	0.00	200.00	23.00	3.00	7.00	1.00	0.72	20.00	3500.00	3.60	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	480	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	480	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	480	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Monday, Week 2 - ServingDate: 09/16/2019																	
Nuggets, Chicken Nuggets with Wheat Roll, MMA, WG - LR100040 (1 serv.)	300	270.00	11.00	2.00	0.00	25.00	470.00	26.00	2.00	1.00	19.00	2.52	40.00	100.00	16.20	(M)	(M)

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2019-2020 Bristol Township SD, 6-8, Lunch, Monday, Week 2 - ServingDate: 09/16/2019																	
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	20	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Tiger Burger w/ Cheese, MMA, WG - LR100867 (1 sandwich)	154	360.00	16.00	7.50	1.00	42.50	935.00	32.00	4.00	8.50	21.50	2.52	195.00	350.00	9.00	(M)	(M)
Potato, Spiral French Fry, Frozen, McCain Foods USA, MCL03622, Veg-S - LR100155 (3 oz 1 servi)	489	149.91	8.00	1.00	0.00	0.00	389.77	17.99	2.00	0.00	2.00	0.00	0.00	0.00	1.20	(M)	(M)
Seasoned Green Beans, Veg-O - LR100886 (1/2 c.)	489	41.87	1.89	0.83	0.00	0.00	163.54	6.04	2.31	1.96	1.17	0.69	38.58	514.34	3.23	9.07(M)	0.37(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	245	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	244	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	489	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	489	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 2 - ServingDate: 09/17/2019																	
Orange Chicken with Brown Rice & Dinner Roll - LR100880 (1 portion)	325	225.29	3.60	0.51	0.00	27.78	580.23	34.95	1.35	8.98	11.30	1.35	41.13 (M)	19.02 (M)	1.10	19.88 (M)	0.47(M)

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2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 2 - ServingDate: 09/17/2019																	
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	10	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, 5" Luncharound, Cheese, Whole Grain, 5.05oz, The Max, MMA, WG - LR100497 (1 piece)	250	340.00	10.00	3.50	0.00	10.00	700.00	43.00	3.00	5.00	17.00	2.70	250.00	300.00	0.00	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Potato, Oven Roasted Red Skinned Potatoes w/ Parsley, VEG-S - LR100590 (1/2 c.)	600	139.85	7.01	3.14	0.00	0.00	76.57	17.01	1.59	1.25	2.02	0.63	9.21	323.57	11.05	66.33 (M)	1.13(M)
Vegetable, Glazed Carrots, Veg-RO - LR100878 (1/2 cup servin)	600	62.11	2.32	0.52	0.50(M)	0.00	111.14	10.24	2.64	7.07(M)	0.58	0.81	29.13	12610.18	2.36	81.97 (M)	0.62(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	600	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	600	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	600	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Wednesday, Week 2 - ServingDate: 09/18/2019																	
Nachos, Turkey Nachos w/ WG Chips, Cheese & Salsa, MMA, WG - LR100077 (1 serv.)	250	497.94	23.83	8.76	0.00	72.51	1189.89	44.78	2.61	5.05	26.26	11.37 (M)	257.19 (M)	389.06 (M)	1.33(M)	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	10	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Wednesday, Week 2 - ServingDate: 09/18/2019																	
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Sandwich, Italian Meatball Parmesan, WG, MMA, VEG-RO - LR100679 (1 sandwich)	200	304.77	11.69	4.42	0.00(M)	34.17	664.98	31.98	2.98	4.09	19.39	2.89	159.33	236.84	2.24	32.11 (M)	1.20(M)
BEAN, SPICY PINTO BEAN, VEG-BP - LR100870 (1 #6 scoop)	475	147.48	0.06	0.01	0.00	0.00	386.87	26.84	10.27	0.76	8.08	2.00	68.44	242.05	1.65	0.06(M)	0.32(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	475	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	475	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	475	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	475	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 2 - ServingDate: 09/19/2019																	
Chicken, Popcorn Chicken w/ Dinner Roll & Choice of Dip, MMA, WG - LR100647 (1 serv.)	400	381.13	18.71	3.16	0.00(M)	37.92	517.73	33.80	3.52	2.08	18.14	2.54	40.07	137.15	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	20	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 2 - ServingDate: 09/19/2019																	
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Sandwich, Hot Buffalo Chicken Wrap, MMA, WG - LR100220 (1 sandwich)	150	556.61	37.44	12.70	0.00(M)	85.55	1060.12	27.75	4.58	3.02(M)	28.54	1.22	364.18	7404.23	2.71	0.00(M)	0.00(M)
Celery, Celery Sticks w/ WOWButter, VEG-O, MMA - LR100779 (1 serv.)	585	212.37	15.00	3.00	0.00	0.00	194.84	11.30	3.65	5.65	7.00	0.30	52.99	412.36	7.42	78.70 (M)	0.62(M)
Vegetable, Seasoned Green Peas, Veg-S - LR100891 (1/2 c.)	585	88.32	2.04	0.86	0.00	0.00	223.96	13.28	5.12	4.32	4.79	1.47	22.27	2033.84	9.18	0.00(M)	0.36(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	585	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	585	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	585	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 2 - ServingDate: 09/20/2019																	
Chicken, Popcorn Chicken w/ Dinner Roll & Choice of Dip, MMA, WG - LR100647 (1 serv.)	400	381.13	18.71	3.16	0.00(M)	37.92	517.73	33.80	3.52	2.08	18.14	2.54	40.07	137.15	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	20	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 2 - ServingDate: 09/20/2019																	
Sandwich, Hot Buffalo Chicken Wrap, MMA, WG - LR100220 (1 sandwich)	150	556.61	37.44	12.70	0.00(M)	85.55	1060.12	27.75	4.58	3.02(M)	28.54	1.22	364.18	7404.23	2.71	0.00(M)	0.00(M)
Celery, Celery Sticks w/ WOWButter, VEG-O, MMA - LR100779 (1 serv.)	585	212.37	15.00	3.00	0.00	0.00	194.84	11.30	3.65	5.65	7.00	0.30	52.99	412.36	7.42	78.70 (M)	0.62(M)
Vegetable, Seasoned Green Peas, Veg-S - LR100891 (1/2 c.)	585	88.32	2.04	0.86	0.00	0.00	223.96	13.28	5.12	4.32	4.79	1.47	22.27	2033.84	9.18	0.00(M)	0.36(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	585	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	585	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	585	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Monday, Week 3 - ServingDate: 09/23/2019																	
Entree, WG French Toast Sticks w/ Sausage Patties & Syrup, WG, MMA - LR100452 (1 portion)	500	455.00	16.00	3.67	0.00	160.00	598.33	66.17	4.00	34.17	16.67	2.46	116.67	266.67	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	25	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	30	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Monday, Week 3 - ServingDate: 09/23/2019																	
Sandwich, Cheeseburger on WG Bun, MMA, WG - LR100106 (1 sandwich)	200	345.60	18.82	6.39	0.00	53.10	380.00	24.20	2.20	2.40	19.31	8.34	20.80	101.00	3.70	(M)	(M)
Potato, Golden Hash Brown Patties, Ore-Ida, McCain Foods, OIF00589A, Veg-S - LR100885 (2 1/4 ounces)	575	134.70	7.48	0.25	0.00	0.00	249.45	15.47	1.50	0.00	1.00	0.18	49.89	0.00	1.20	(M)	(M)
Vegetable, Seasoned Green Peas, Veg-S - LR100891 (1/2 c.)	575	88.32	2.04	0.86	0.00	0.00	223.96	13.28	5.12	4.32	4.79	1.47	22.27	2033.84	9.18	0.00(M)	0.36(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	575	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	287	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	288	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	575	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 3 - ServingDate: 09/24/2019																	
Chicken, Baked Chicken w/ Waffle & Syrup, MMA, WG - LR100916 (1 portion)	300	514.03	20.89	4.82	0.00	118.86	954.45	54.26	3.13	20.50	28.02	4.01	50.00	500.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	20	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Tuesday, Week 3 - ServingDate: 09/24/2019																	
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	35	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Taco, Turkey Taco on Soft Shell Tortilla w/ Lettuce, Cheese, Tomato & Salsa, WG, MMA - LR100160 (1 serv.)	200	307.61	12.00	5.50	0.00	65.00	746.83	28.07	4.72	2.84	23.95	1.68	224.63	2358.00	5.84	(M)	(M)
Rice, Seasoned Brown, WGR - LR100910 (1/2 c.)	555	192.70	3.21	1.01	0.00	0.00	1088.47	35.63	2.18	0.22	4.09	0.84	7.01	117.75	1.66	123.12 (M)	2.91(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	555	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	555	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	555	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	555	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2018-2019 Bristol Township SD, 7-8, Lunch, Wednesday, Week 3 :59740 - ServingDate: 09/25/2019																	
Entree, Mozzarella Sticks w/ Marinara Cup, WG, MMA - LR100536 (1 portion)	400	430.00	20.00	8.00	0.00	35.00	820.00	44.00	5.00	6.00	20.00	1.80	414.00	862.00	6.00	(M)	(M)
Entree, Hot Ham and Cheese, MMA, WG - LR100881 (1 sandwich)	125	287.22	8.38	3.46	0.00	68.33	995.28	26.97	2.00	5.00	26.58	2.14	79.44	200.00	1.17	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	25	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2018-2019 Bristol Township SD, 7-8, Lunch, Wednesday, Week 3 :59740 - ServingDate: 09/25/2019																	
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	35	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)
Salad, Romaine & Spinach w/ Grape Tomatoes & Lt. Dressing, VEG-RO, VEG-DR - LR100558 (1 salad)	585	96.25	5.35	1.35	0.00	3.75	375.83	8.89	2.79	5.11	3.17	1.03	84.70	5370.31	11.68	32.14 (M)	0.17(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	292	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	292	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	585	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	585	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 3 - ServingDate: 09/26/2019																	
Entree, Chicken Parmesan over WG Pasta, MMA, WG - LR100824 (1 portion)	125	313.95	14.28	3.75	0.00	57.50	730.00	20.81	2.12	2.54	26.64	0.03	120.00 (M)	425.00 (M)	6.00(M)	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	20	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	15	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Thursday, Week 3 - ServingDate: 09/26/2019																	
Sandwich, Philly Cheese Steak on 5" WW Italian Roll, Elementary & MS, MMA, WG - LR100075 (1 sandwich)	550	390.86	16.26	7.08	0.00	60.17	900.12	39.80	4.00	1.00	23.71	3.25	66.63	0.00	0.00	(M)	(M)
Carrot Strips w/ Lt. Dressing, VEG-RO - LR100732 (1 portion)	710	90.76	5.00	0.50	0.00	1.67	348.18	11.40	1.16	8.57	0.58	0.33	11.62	323.72	38.33	51.28 (M)	0.56(M)
Potato, Spiral French Fry, Frozen, McCain Foods USA, MCL03622, Veg-S - LR100155 (3 oz 1 servi)	710	149.91	8.00	1.00	0.00	0.00	389.77	17.99	2.00	0.00	2.00	0.00	0.00	0.00	1.20	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	710	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	710	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	710	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)
2019-2020 Bristol Township SD, 6-8, Lunch, Friday, Week 3 - ServingDate: 09/27/2019																	
Breadsticks, Cheese, MAX Sticks (3) w/ Dippers, MMA, WG - LR100753 (1 serv.)	450	497.50	21.63	7.50	0.00	15.00	1352.50	50.75	6.50	3.75	24.50	3.24	460.00	487.50	3.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	50	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
SALAD, SALAD BAR VEG-DG, VEG-RO, VEG-B, VEG-O, MMA, WG - LR100633 (1 salad)	25	638.29 (M)	29.47 (M)	4.71(M)	0.00(M)	62.17 (M)	2089.87 (M)	57.22 (M)	7.58(M)	7.39(M)	23.92 (M)	4.45(M)	200.27 (M)	6923.67 (M)	24.43 (M)	22.01 (M)	0.15(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 6-8, Lunch, Friday, Week 3 - ServingDate: 09/27/2019																	
Sandwich, BBQ Chicken Sandwich on Kaiser Roll, MMA, WG - LR100751 (1 sandwich)	100	432.18	5.21	1.24	0.00	66.70	1128.71	66.77	6.32	4.00	25.76	3.87	177.54	379.07	5.22	(M)	(M)
Potato, Mini Sweet Potato Tater Puffs, Lamb Weston, L0094, Veg-RO - LR100080 (1/2 c.)	625	131.63	3.54	0.00	0.00	0.00	232.88	23.29	2.02	8.10	1.01	0.36	20.25	3543.75	3.65	(M)	(M)
Vegetable, Coleslaw, VEG-O - LR100227 (1/2 c.)	625	195.35	11.63	1.94	0.00	24.22	369.45	19.69	4.00	14.72	2.00	0.72	80.00	0.00	84.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	625	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	625	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk, Variety, Wawa, MILK - LR100842 (1 Carton)	625	119.09	0.46	0.27	0.00	5.00	142.27	20.27	0.00	19.27	8.27	0.13	295.45	500.00	0.33	(M)	(M)

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Middle School
 Menu Line: Regular
 Serving Group: 6-8
 Nutrients Option: All