

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Monday, Week 1 - ServingDate: 09/09/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	10	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Pizza, Whole Wheat Sausage Breakfast Bagel, Nardone Brothers, 96WPBS, MMA, WGR, Veg-RO - LR100789 (1 piece)	100	240.00	8.00	3.00	0.00	20.00	480.00	30.00	4.00	3.00	14.00	1.80	150.00	0.00	9.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	130	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - LR100609 (1/2 c.)	130	41.14	0.00	0.00	0.00	0.00	0.00	10.06	2.74	6.40	0.48	0.33	18.29	0.00	75.15	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	130	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Tuesday, Week 1 - ServingDate: 09/10/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)

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<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Tuesday, Week 1 - ServingDate: 09/10/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Sandwich, Egg,Turkey Ham & Cheese on WG Muffin, MMA, WG - LR100459 (1 sandwich)	65	220.62	9.57	2.33	0.00	136.49	431.69	25.72	2.00	1.50	10.23	59.40	101.98	176.36	0.01	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut (	50	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	125	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	125	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	125	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	125	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 1 - ServingDate: 09/11/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	12	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 1 - ServingDate: 09/11/2019</b>																	
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	100	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	25	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	137	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	137	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	137	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Thursday, Week 1 - ServingDate: 09/12/2019</b>																	
Entree, French Toast Sticks w/ Syrup, MMA, WG - LR100259 (1 serv.)	65	275.00	6.50	1.00	0.00	15.00	200.00	53.50	0.50	22.50	2.50	1.80	50.00	375.00	0.60	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	25	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	50	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	25	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Thursday, Week 1 - ServingDate: 09/12/2019</b>																	
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	140	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	140	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	140	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Friday, Week 1 - ServingDate: 09/13/2019</b>																	
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	15	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	10	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	115	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	70	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	70	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	140	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	140	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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<b>2019-2020, Bristol Township SD, 7-8, Breakfast, Monday, Week 2 - ServingDate: 09/16/2019</b>																	
Burrito, Egg Cheese & Turkey Sausage Whole Grain, Breakfast, Bulk, Fernando's, 5222, WG, MMA - LR100455 (1 burrito)	0	220.00	9.00	4.00	(M)	(M)	310.00	20.00	(M)	(M)	10.00	(M)	(M)	(M)	(M)	(M)	(M)
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	15	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Fruit Salad, FRUIT MIX, 5 WAY CHUNK IN WATER DELUXE FRESH REF (Oranges, Pineapple, Honeydew, Cantaloupe, Grapes), 60934, Cross Valley Farms, FRUIT - LR100892 (1/2 c.)	130	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	15.00	0.00	0.00	0.00	500.00	24.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	130	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	130	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	15	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Pancakes, Mini Maple Flavored, Eggo, IW, Kellogg's, 09660, WG - LR100360 (1 pouch)	40	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	75	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	130	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	130	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	130	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 2 - ServingDate: 09/18/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	15	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	30	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, WG Biscuit w/ Egg Patty, Turkey Sausage Patty & Cheese, WG, MMA - LR100351 (1 sandwich)	75	353.55	18.04	4.67	0.00	166.90	709.65	30.71	3.00	6.25	15.89	60.76	170.37	239.36	48.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	120	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	60	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)

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<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 2 - ServingDate: 09/18/2019</b>																	
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	60	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	120	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Thursday, Week 2 - ServingDate: 09/19/2019</b>																	
Entree, Assorted, Banana & Blueberry & Assorted WG Cereal, WG - LR100933 (1 ea.)	35	367.19	10.56	2.06	0.00	0.00	347.19	63.69	3.81	30.88	6.94	5.70	162.50	506.25	6.26(M)	(M)	(M)
Entree, Waffles w/ Syrup & Butter, WG - LR100248 (1 serv.)	50	353.33	8.67	3.83	0.00	10.00	250.00	66.00	4.00	29.00	4.00	2.70	100.00	633.33	0.00	(M)	(M)
Sandwich, WG Biscuit w/ Egg Patty, Turkey Sausage Patty & Cheese, WG, MMA - LR100351 (1 sandwich)	50	353.55	18.04	4.67	0.00	166.90	709.65	30.71	3.00	6.25	15.89	60.76	170.37	239.36	48.00	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	135	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	135	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	135	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Friday, Week 2 - ServingDate: 09/20/2019</b>																	
Entree, Assorted, Banana & Blueberry & Assorted WG Cereal, WG - LR100933 (1 ea.)	35	367.19	10.56	2.06	0.00	0.00	347.19	63.69	3.81	30.88	6.94	5.70	162.50	506.25	6.26(M)	(M)	(M)

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<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Friday, Week 2 - ServingDate: 09/20/2019</b>																	
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	25	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, Egg, Ham & Cheese on WG Muffin, MMA, WG - LR100246 (1 sandwich)	65	277.40	12.12	3.18	0.00	170.56	732.62	26.29	2.00	1.50	18.75	59.81	113.34	176.36	0.69	(M)	(M)
Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206] - LR100359 (1/2 c.)	125	36.00	0.00	0.00	0.00	0.00	5.00	9.00	0.99	18.90	0.00	1.44	0.00	0.00	1.20	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	125	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	125	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	10	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Pizza, Whole Wheat Sausage Breakfast Bagel, Nardone Brothers, 96WBPBS, MMA, WGR, Veg-RO - LR100789 (1 piece)	100	240.00	8.00	3.00	0.00	20.00	480.00	30.00	4.00	3.00	14.00	1.80	150.00	0.00	9.00	(M)	(M)



# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	130	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - LR100609 (1/2 c.)	130	41.14	0.00	0.00	0.00	0.00	0.00	10.06	2.74	6.40	0.48	0.33	18.29	0.00	75.15	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	130	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Tuesday, Week 3 - ServingDate: 09/24/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Sandwich, Egg,Turkey Ham & Cheese on WG Muffin, MMA, WG - LR100459 (1 sandwich)	65	220.62	9.57	2.33	0.00	136.49	431.69	25.72	2.00	1.50	10.23	59.40	101.98	176.36	0.01	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut (	50	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	125	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Tuesday, Week 3 - ServingDate: 09/24/2019</b>																	
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	125	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	125	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	125	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	12	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	100	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	25	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	137	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, 6-8, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	137	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	137	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Thursday, Week 3 - ServingDate: 09/26/2019</b>																	
Entree, French Toast Sticks w/ Syrup, MMA, WG - LR100259 (1 serv.)	65	275.00	6.50	1.00	0.00	15.00	200.00	53.50	0.50	22.50	2.50	1.80	50.00	375.00	0.60	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	25	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	50	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	25	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	140	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	140	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	140	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 6-8, Breakfast, Friday, Week 3 - ServingDate: 09/27/2019</b>																	
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	15	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	10	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	115	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	70	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	70	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	140	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	140	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Breakfast  
 Site Group: Middle School  
 Menu Line: Regular  
 Serving Group: 6-8  
 Nutrients Option: All