

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 1 - ServingDate: 09/09/2019																	
Breadsticks, Cheese, MAX Sticks (3) w/ Dippers, MMA, WG - LR100708 (1 serv.)	585	497.50	21.63	7.50	0.00	15.00	1352.50	50.75	6.50	3.75	24.50	3.24	460.00	487.50	3.00	(M)	(M)
Chicken Fajitas, MMA, WG, Veg-RO - LR100821 (1 serv.)	200	367.79	9.49	3.62	0.00	51.28 (M)	1550.09	42.20	6.76(M)	8.57(M)	24.07	2.63(M)	276.39 (M)	344.53 (M)	7.92(M)	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	10	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Pretzel Rod, MMA, Veg-DR, Veg-RO - LR100831 (1 salad)	3	454.95	21.66	7.62	0.00	50.10	970.34	45.57	11.14	13.25	22.12	4.77	355.30	30561.51	75.31	101.36 (M)	0.72(M)
Rice, Seasoned Brown, WGR - LR100910 (1/2 c.)	813	192.70	3.21	1.01	0.00	0.00	1088.47	35.63	2.18	0.22	4.09	0.84	7.01	117.75	1.66	123.12 (M)	2.91(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	813	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Salad, Side Mixed Green Salad w/ Cherry Tomatoes & Lt. Dressing , Veg-DG, Veg-RO, Ve - LR100733 (1 salad)	813	85.72	5.01	0.50	0.00	1.67	321.98	9.78	1.19	6.97	0.62	0.54	11.79	2853.44	6.00	7.15(M)	0.04(M)

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2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 1 - ServingDate: 09/09/2019																	
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	813	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	813	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	813	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Tuesday, Week 1 - ServingDate: 09/10/2019																	
Entree, WG French Toast Sticks w/ Sausage Patties & Syrup, WG, MMA - LR100452 (1 portion)	550	455.00	16.00	3.67	0.00	160.00	598.33	66.17	4.00	34.17	16.67	2.46	116.67	266.67	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	10	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12 , Lunch, Tuesday, Week 1 - ServingDate: 09/10/2019																	
Sandwich, Turkey Club w/ American Cheese & Bacon on Whole Wheat, WG, MMA - LR100161 (1 sandwich)	250	363.61	16.14	2.50	0.00	45.45	907.17	31.54	4.00	6.27(M)	25.72	1.67	40.00	100.00	0.00	(M)	(M)
Potato, Tater Nugget Gem, Frozen, JR Simplot, 004189, Veg-S - LR100494 (3 ounces)	838	169.90	9.99	1.50	0.00	0.00	299.82	18.99	2.00	0.00	2.00	0.36	19.99	0.00	4.80	(M)	(M)
Vegetable, Crunchy Broccoli Blanched, Veg-DG - LR100896 (1/2 c.)	838	25.13	0.00	0.00	0.00	0.00	20.69	4.84	2.77	0.92	2.77	0.81	44.73	2773.32	85.97	11.84 (M)	0.01(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	419	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	419	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	838	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	838	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 1 - ServingDate: 09/11/2019																	
Nuggets, Chicken Nuggets with Wheat Roll, MMA, WG - LR100040 (1 serv.)	600	270.00	11.00	2.00	0.00	25.00	470.00	26.00	2.00	1.00	19.00	2.52	40.00	100.00	16.20	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

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2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 1 - ServingDate: 09/11/2019																	
Pizza, Quesadilla Chicken Whole Grain 5 oz, The MAX, ConAgra, 77387-12700, MMA, WGR, Veg-RO - LR100618 (1 each quesadilla)	300	300.00	10.00	2.00	0.00	15.00	790.00	34.00	4.00	4.00	17.00	(M)	100.00	200.00	(M)	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Potato, Spiral French Fry, Frozen, McCain Foods USA, MCL03622, Veg-S - LR100155 (3 oz 1 servi)	933	149.91	8.00	1.00	0.00	0.00	389.77	17.99	2.00	0.00	2.00	0.00	0.00	0.00	1.20	(M)	(M)
Seasoned Green Beans, Veg-O - LR100886 (1/2 c.)	933	41.87	1.89	0.83	0.00	0.00	163.54	6.04	2.31	1.96	1.17	0.69	38.58	514.34	3.23	9.07(M)	0.37(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	467	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	466	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	933	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)

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2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 1 - ServingDate: 09/11/2019																	
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	933	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 1 - ServingDate: 09/12/2019																	
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Sandwich, Cheeseburger on WG Bun, MMA, WG - LR100106 (1 sandwich)	275	345.60	18.82	6.39	0.00	53.10	380.00	24.20	2.20	2.40	19.31	8.34	20.80	101.00	3.70	(M)	(M)
Sandwich, Chicken Patty on WG Kaiser Roll, MMA, WG - LR100094 (1 sandwich)	625	366.00	13.50	2.00	0.00	62.00	690.00	42.00	5.00	5.00	20.00	1.80	390.00	3650.00	6.60	(M)	(M)
Potato, Sweet Tater Nugget Frozen Gem, JR Simplot, 10071179024361, Veg-RO - LR100486 (1/2 c.)	933	120.00	5.00	1.00	0.00	0.00	190.00	17.00	2.00	10.00	2.00	1.44	20.00	500.00	6.00	(M)	(M)

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2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 1 - ServingDate: 09/12/2019																	
Vegetable, White Tuscan Bean Salad, Veg-BP - LR100818 (3/4 c.)	933	149.47	4.09	0.68	0.00	0.00	416.23	22.81	4.42	1.36(M)	6.21	1.32	39.75	712.27	2.87	7.31(M)	0.07(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	933	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	933	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	933	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 1 - ServingDate: 09/13/2019																	
Hoagie, Tuna Hoagie on WG Italian Hoagie Roll, WG MMA - LR100566 (1 sandwich)	75	375.00	9.75	0.75	0.00	67.50	1227.50	39.00	4.00	2.50	33.00	2.52	60.00	0.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, Smart Slice, 14in Whole Grain, Domino's, MMA, Veg-RO, - LR100775 (1 Slice (1/8))	850	260.00	14.00	8.00	0.00	45.00	540.00	31.00	3.00	3.00	15.00	1.80	350.00	750.00	6.00	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)

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2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 1 - ServingDate: 09/13/2019																	
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	958	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Sweet Potato, Fries, Crinkle Cut, J.R. Simplot Com - LR100003 (3 ounces)	958	160.00	8.00	1.50	0.00	0.00	200.00	23.00	3.00	7.00	1.00	0.72	20.00	3500.00	3.60	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	958	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64(M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	958	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	958	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 2 - ServingDate: 09/16/2019																	
Nuggets, Chicken Nuggets with Wheat Roll, MMA, WG - LR100040 (1 serv.)	550	270.00	11.00	2.00	0.00	25.00	470.00	26.00	2.00	1.00	19.00	2.52	40.00	100.00	16.20	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	7	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 2 - ServingDate: 09/16/2019																	
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	7	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	7	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Tiger Burger w/ Cheese, MMA, WG - LR100867 (1 sandwich)	300	360.00	16.00	7.50	1.00	42.50	935.00	32.00	4.00	8.50	21.50	2.52	195.00	350.00	9.00	(M)	(M)
Potato, Spiral French Fry, Frozen, McCain Foods USA, MCL03622, Veg-S - LR100155 (3 oz 1 servi)	889	149.91	8.00	1.00	0.00	0.00	389.77	17.99	2.00	0.00	2.00	0.00	0.00	0.00	1.20	(M)	(M)
Seasoned Green Beans, Veg-O - LR100886 (1/2 c.)	889	41.87	1.89	0.83	0.00	0.00	163.54	6.04	2.31	1.96	1.17	0.69	38.58	514.34	3.23	9.07(M)	0.37(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	444	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	445	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	889	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	889	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Tuesday, Week 2 - ServingDate: 09/17/2019																	
Orange Chicken with Brown Rice & Dinner Roll - LR100880 (1 portion)	750	225.29	3.60	0.51	0.00	27.78	580.23	34.95	1.35	8.98	11.30	1.35	41.13 (M)	19.02 (M)	1.10	19.88 (M)	0.47(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	5	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, 5" Luncharound, Cheese, Whole Grain, 5.05oz, The Max, MMA, WG - LR100497 (1 piece)	175	340.00	10.00	3.50	0.00	10.00	700.00	43.00	3.00	5.00	17.00	2.70	250.00	300.00	0.00	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	5	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36 (M)	0.72(M)
Potato, Oven Roasted Red Skinned Potatoes w/ Parsley, VEG-S - LR100590 (1/2 c.)	950	139.85	7.01	3.14	0.00	0.00	76.57	17.01	1.59	1.25	2.02	0.63	9.21	323.57	11.05	66.33 (M)	1.13(M)
Vegetable, Glazed Carrots, Veg-RO - LR100878 (1/2 cup servin)	950	62.11	2.32	0.52	0.50(M)	0.00	111.14	10.24	2.64	7.07(M)	0.58	0.81	29.13	12610.18	2.36	81.97 (M)	0.62(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	950	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Tuesday, Week 2 - ServingDate: 09/17/2019																	
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	950	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	950	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 2 - ServingDate: 09/18/2019																	
Nachos, Turkey Nachos w/ WG Chips, Cheese & Salsa, MMA, WG - LR100077 (1 serv.)	500	497.94	23.83	8.76	0.00	72.51	1189.89	44.78	2.61	5.05	26.26	11.37 (M)	257.19 (M)	389.06 (M)	1.33(M)	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36 (M)	0.72(M)
Sandwich, Italian Meatball Parmesan, WG, MMA, VEG-RO - LR100679 (1 sandwich)	300	304.77	11.69	4.42	0.00(M)	34.17	664.98	31.98	2.98	4.09	19.39	2.89	159.33	236.84	2.24	32.11 (M)	1.20(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 2 - ServingDate: 09/18/2019																	
BEAN, SPICY PINTO BEAN, VEG-BP - LR100870 (1 #6 scoop)	833	147.48	0.06	0.01	0.00	0.00	386.87	26.84	10.27	0.76	8.08	2.00	68.44	242.05	1.65	0.06(M)	0.32(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	833	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	833	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	833	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	833	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 2 - ServingDate: 09/19/2019																	
Chicken, Popcorn Chicken w/ Dinner Roll & Choice of Dip, MMA, WG - LR100647 (1 serv.)	665	381.13	18.71	3.16	0.00(M)	37.92	517.73	33.80	3.52	2.08	18.14	2.54	40.07	137.15	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	15	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 2 - ServingDate: 09/19/2019																	
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	15	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Sandwich, Hot Buffalo Chicken Wrap, MMA, WG - LR100220 (1 sandwich)	225	556.61	37.44	12.70	0.00(M)	85.55	1060.12	27.75	4.58	3.02(M)	28.54	1.22	364.18	7404.23	2.71	0.00(M)	0.00(M)
Celery, Celery Sticks w/ WOWButter, VEG-O, MMA - LR100779 (1 serv.)	943	212.37	15.00	3.00	0.00	0.00	194.84	11.30	3.65	5.65	7.00	0.30	52.99	412.36	7.42	78.70(M)	0.62(M)
Vegetable, Seasoned Green Peas, Veg-S - LR100891 (1/2 c.)	943	88.32	2.04	0.86	0.00	0.00	223.96	13.28	5.12	4.32	4.79	1.47	22.27	2033.84	9.18	0.00(M)	0.36(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	943	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64(M)	0.14(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	943	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	943	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 2 - ServingDate: 09/20/2019																	
Entree, Honey BBQ Glazed Wings w/ Dinner Roll, WG, MMA - LR100735 (1 portion)	600	480.00	21.50	5.25	0.00	157.50	990.00	38.00	2.00	5.50	33.00	3.06	170.00	150.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 2 - ServingDate: 09/20/2019																	
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	10	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	15	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Sandwich, Philly Cheese Steak on 5" WW Italian Roll, Elementary & MS, MMA, WG - LR100075 (1 sandwich)	300	390.86	16.26	7.08	0.00	60.17	900.12	39.80	4.00	1.00	23.71	3.25	66.63	0.00	0.00	(M)	(M)
Sweet Potato, Fries, Crinkle Cut, J.R. Simplot Com - LR100003 (3 ounces)	948	160.00	8.00	1.50	0.00	0.00	200.00	23.00	3.00	7.00	1.00	0.72	20.00	3500.00	3.60	(M)	(M)
Vegetable, Crunchy Broccoli Blanched, Veg-DG - LR100896 (1/2 c.)	948	25.13	0.00	0.00	0.00	0.00	20.69	4.84	2.77	0.92	2.77	0.81	44.73	2773.32	85.97	11.84(M)	0.01(M)
Apples, Apple Slices w/ Cinnamon, F - LR100937 (1/2 c.)	948	56.45	0.00	0.00	0.00	0.00	5.43	14.42	1.14	25.06	0.00	1.56	1.09	0.32	1.30	0.01(M)	0.00(M)
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - LR100609 (1/2 c.)	948	41.14	0.00	0.00	0.00	0.00	0.00	10.06	2.74	6.40	0.48	0.33	18.29	0.00	75.15	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	948	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 3 - ServingDate: 09/23/2019																	
Entree, WG French Toast Sticks w/ Sausage Patties & Syrup, WG, MMA - LR100452 (1 portion)	400	455.00	16.00	3.67	0.00	160.00	598.33	66.17	4.00	34.17	16.67	2.46	116.67	266.67	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	15	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	15	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	15	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	15	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Sandwich, Cheeseburger on WG Bun, MMA, WG - LR100106 (1 sandwich)	425	345.60	18.82	6.39	0.00	53.10	380.00	24.20	2.20	2.40	19.31	8.34	20.80	101.00	3.70	(M)	(M)
Potato, Golden Hash Brown Patties, Ore-Ida, McCain Foods, OIF00589A, Veg-S - LR100885 (2 1/4 ounces)	900	134.70	7.48	0.25	0.00	0.00	249.45	15.47	1.50	0.00	1.00	0.18	49.89	0.00	1.20	(M)	(M)
Vegetable, Seasoned Green Peas, Veg-S - LR100891 (1/2 c.)	900	88.32	2.04	0.86	0.00	0.00	223.96	13.28	5.12	4.32	4.79	1.47	22.27	2033.84	9.18	0.00(M)	0.36(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	900	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)

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Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Monday, Week 3 - ServingDate: 09/23/2019																	
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	900	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	900	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	900	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Tuesday, Week 3 - ServingDate: 09/24/2019																	
Chicken, Baked Chicken w/ Waffle & Syrup, MMA, WG - LR100916 (1 portion)	480	514.03	20.89	4.82	0.00	118.86	954.45	54.26	3.13	20.50	28.02	4.01	50.00	500.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	7	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Tuesday, Week 3 - ServingDate: 09/24/2019																	
Taco, Turkey Taco on Soft Shell Tortilla w/ Lettuce, Cheese, Tomato & Salsa, WG, MMA - LR100160 (1 serv.)	350	307.61	12.00	5.50	0.00	65.00	746.83	28.07	4.72	2.84	23.95	1.68	224.63	2358.00	5.84	(M)	(M)
Rice, Seasoned Brown, WGR - LR100910 (1/2 c.)	865	192.70	3.21	1.01	0.00	0.00	1088.47	35.63	2.18	0.22	4.09	0.84	7.01	117.75	1.66	123.12 (M)	2.91(M)
Corn, Seasoned Corn, With Margarine, Veg-S - LR100888 (1/2 Cup (8 oz)	865	99.11	4.11	1.71	0.00	0.00	35.02	15.85	1.99	2.52	2.09	0.39	1.00	325.29	2.89	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	865	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	865	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	865	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 3 - ServingDate: 09/25/2019																	
Entree, Mozzarella Sticks w/ Marinara Cup, WG, MMA - LR100536 (1 portion)	420	430.00	20.00	8.00	0.00	35.00	820.00	44.00	5.00	6.00	20.00	1.80	414.00	862.00	6.00	(M)	(M)
Entree, Hot Ham and Cheese, MMA, WG - LR100881 (1 sandwich)	250	287.22	8.38	3.46	0.00	68.33	995.28	26.97	2.00	5.00	26.58	2.14	79.44	200.00	1.17	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Wednesday, Week 3 - ServingDate: 09/25/2019																	
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	15	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	15	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	15	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Salad, Black Bean Salad, VEG-BP - LR100781 (1/2 c.)	420	71.28	0.33	0.05	0.00(M)	0.00(M)	190.04	9.84	2.82	0.85(M)	3.32	3.80	78.80(M)	21.58(M)	2.17(M)	1.25(M)	0.01(M)
Salad, Romaine & Spinach w/ Grape Tomatoes & Lt. Dressing, VEG-RO, VEG-DR - LR100558 (1 salad)	733	96.25	5.35	1.35	0.00	3.75	375.83	8.89	2.79	5.11	3.17	1.03	84.70	5370.31	11.68	32.14(M)	0.17(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	367	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	366	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	733	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	733	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 4 - ServingDate: 09/26/2019																	
Entree, Honey BBQ Glazed Wings w/ Dinner Roll, WG, MMA - LR100735 (1 portion)	675	480.00	21.50	5.25	0.00	157.50	990.00	38.00	2.00	5.50	33.00	3.06	170.00	150.00	0.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Pizza, Quesadilla Cheese Whole Grain 4.8 oz, The MAX, ConAgra, 7738712699, WGR, MMA, Veg-RO - LR100826 (1 piece)	250	330.00	12.00	3.50	0.00	10.00	830.00	40.00	4.00	3.00	16.00	2.70	200.00	300.00	0.00	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	5	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	5	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	5	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
BEAN, SPICY PINTO BEAN, VEG-BP - LR100870 (1 #6 scoop)	650	147.48	0.06	0.01	0.00	0.00	386.87	26.84	10.27	0.76	8.08	2.00	68.44	242.05	1.65	0.06(M)	0.32(M)
Salad, Romaine w/ Diced Tomatoes & Lt. Dressing, VEG-DR, VEG-RO - LR100119 (1 salad)	958	96.56	5.00	0.50	0.00	1.67	321.23	12.24	1.99	8.53	1.31	0.68	17.75	4455.83	13.83	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Thursday, Week 4 - ServingDate: 09/26/2019																	
Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206] - LR100359 (1/2 c.)	958	36.00	0.00	0.00	0.00	0.00	5.00	9.00	0.99	18.90	0.00	1.44	0.00	0.00	1.20	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	479	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	479	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	958	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)
2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 3 - ServingDate: 09/27/2019																	
Breadsticks, Cheese, MAX Sticks (3) w/ Dippers, MMA, WG - LR100753 (1 serv.)	558	497.50	21.63	7.50	0.00	15.00	1352.50	50.75	6.50	3.75	24.50	3.24	460.00	487.50	3.00	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, MMA, WG, F - LR100611 (1 serv.)	15	405.24	6.10	1.57	0.00	10.67	190.00	77.50	3.97	41.80	12.64	1.56	239.81	0.00	26.63	(M)	(M)
Salad, Chicken Caesar Salad w/ Parm Cheese, WG Croutons, Lt. Caesar Dressing & WG Dinner Roll, WG MMA - LR100614 (1 serv.)	3	517.27	22.50	6.50	0.00	246.00	1604.07	34.74	3.38	6.36	45.36	4.46	272.02	10141.63	6.08	(M)	(M)
Salad, Cobb Salad & Dinner Roll, MMA, Veg-DG, Veg-RO, WG - LR100694 (1 salad)	3	550.73	26.68	8.89	0.00	163.06	1551.24	44.21	4.22	11.16	30.05	3.33	226.38	6950.04	10.75	(M)	(M)
Salad, Italian Chopped Salad, Veg-DG, Veg-O, MMA, WG - LR100691 (1 salad)	3	656.99	33.62	10.45	0.00(M)	65.87	2656.36	56.66	10.91	13.56	28.99	7.90	464.86	28217.67	57.77	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
2019-2020 Bristol Township SD, 9-12, Lunch, Friday, Week 3 - ServingDate: 09/27/2019																	
Salad, Lettuce w/ Tuna, Vegetables, Cheese, Croutons & Dinner Roll, MMA, Veg-DR, Veg-RO - LR100317 (1 salad)	3	370.11	12.88	4.11	0.00(M)	32.28	641.53	41.47	10.42	11.52	21.83	4.42	363.90	31410.27	92.93	101.36(M)	0.72(M)
Sandwich, BBQ Chicken Sandwich on Kaiser Roll, MMA, WG - LR100751 (1 sandwich)	250	432.18	5.21	1.24	0.00	66.70	1128.71	66.77	6.32	4.00	25.76	3.87	177.54	379.07	5.22	(M)	(M)
Potato, Mini Sweet Potato Tater Puffs, Lamb Weston, L0094, Veg-RO - LR100080 (1/2 c.)	835	131.63	3.54	0.00	0.00	0.00	232.88	23.29	2.02	8.10	1.01	0.36	20.25	3543.75	3.65	(M)	(M)
Vegetable, Coleslaw, VEG-O - LR100227 (1/2 c.)	835	195.35	11.63	1.94	0.00	24.22	369.45	19.69	4.00	14.72	2.00	0.72	80.00	0.00	84.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	835	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	835	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64(M)	0.14(M)
Milk Variety, 9-12, Milk - LR100725 (1 Carton)	835	126.96	0.17	0.10	0.00	5.55	157.65	21.52	0.00	21.25	7.96	0.00	298.33	497.21	1.91	(M)	(M)

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: Regular
 Serving Group: 9-12
 Nutrients Option: All