

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Monday, Week 1 - ServingDate: 09/09/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	35	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	55	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Pizza, Whole Wheat Sausage Breakfast Bagel, Nardone Brothers, 96WPBS, MMA, WGR, Veg-RO - LR100789 (1 piece)	175	240.00	8.00	3.00	0.00	20.00	480.00	30.00	4.00	3.00	14.00	1.80	150.00	0.00	9.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	265	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - LR100609 (1/2 c.)	265	41.14	0.00	0.00	0.00	0.00	0.00	10.06	2.74	6.40	0.48	0.33	18.29	0.00	75.15	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	265	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 1 - ServingDate: 09/10/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 1 - ServingDate: 09/10/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	20	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Sandwich, Egg,Turkey Ham & Cheese on WG Muffin, MMA, WG - LR100459 (1 sandwich)	175	220.62	9.57	2.33	0.00	136.49	431.69	25.72	2.00	1.50	10.23	59.40	101.98	176.36	0.01	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut (	75	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	270	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	135	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	135	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	270	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 9-12, Breakfast, Wednesday, Week 1 - ServingDate: 09/11/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	30	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, 9-12, Breakfast, Wednesday, Week 1 - ServingDate: 09/11/2019</b>																	
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	125	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	85	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	240	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	240	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	240	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Thursday, Week 1 - ServingDate: 09/12/2019</b>																	
Entree, French Toast Sticks w/ Syrup, MMA, WG - LR100259 (1 serv.)	175	275.00	6.50	1.00	0.00	15.00	200.00	53.50	0.50	22.50	2.50	1.80	50.00	375.00	0.60	(M)	(M)
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	100	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	285	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Thursday, Week 1 - ServingDate: 09/12/2019</b>																	
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	285	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	285	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Friday, Week 1 - ServingDate: 09/13/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	35	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	200	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	245	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	122	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	123	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	245	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Monday, Week 2 - ServingDate: 09/16/2019</b>																	
Burrito, Egg Cheese & Turkey Sausage Whole Grain, Breakfast, Bulk, Fernando's, 5222, WG, MMA - LR100455 (1 burrito)	175	220.00	9.00	4.00	(M)	(M)	310.00	20.00	(M)	(M)	10.00	(M)	(M)	(M)	(M)	(M)	(M)
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	65	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Fruit Salad, FRUIT MIX, 5 WAY CHUNK IN WATER DELUXE FRESH REF (Oranges, Pineapple, Honeydew, Cantaloupe, Grapes), 60934, Cross Valley Farms, FRUIT - LR100892 (1/2 c.)	250	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	15.00	0.00	0.00	0.00	500.00	24.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	250	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	250	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	35	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Pancakes, Mini Maple Flavored, Eggo, IW, Kellogg's, 09660, WG - LR100360 (1 pouch)	150	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	75	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	260	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	260	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	260	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Wednesday, Week 2 - ServingDate: 09/18/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	30	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	40	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, WG Biscuit w/ Egg Patty, Turkey Sausage Patty & Cheese, WG, MMA - LR100351 (1 sandwich)	195	353.55	18.04	4.67	0.00	166.90	709.65	30.71	3.00	6.25	15.89	60.76	170.37	239.36	48.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	265	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	132	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)

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<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Wednesday, Week 2 - ServingDate: 09/18/2019</b>																	
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	133	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	265	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Thursday, Week 2 - ServingDate: 09/19/2019</b>																	
Entree, Assorted, Banana & Blueberry & Assorted WG Cereal, WG - LR100933 (1 ea.)	15	367.19	10.56	2.06	0.00	0.00	347.19	63.69	3.81	30.88	6.94	5.70	162.50	506.25	6.26(M)	(M)	(M)
Entree, Waffles w/ Syrup & Butter, WG - LR100248 (1 serv.)	80	353.33	8.67	3.83	0.00	10.00	250.00	66.00	4.00	29.00	4.00	2.70	100.00	633.33	0.00	(M)	(M)
Sandwich, WG Biscuit w/ Egg Patty, Turkey Sausage Patty & Cheese, WG, MMA - LR100351 (1 sandwich)	150	353.55	18.04	4.67	0.00	166.90	709.65	30.71	3.00	6.25	15.89	60.76	170.37	239.36	48.00	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	245	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	122	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	123	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	245	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Friday, Week 2 - ServingDate: 09/20/2019</b>																	
Burrito, Egg Cheese & Turkey Sausage Whole Grain, Breakfast, Bulk, Fernando's, 5222, WG, MMA - LR100455 (1 burrito)	200	220.00	9.00	4.00	(M)	(M)	310.00	20.00	(M)	(M)	10.00	(M)	(M)	(M)	(M)	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	20	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	20	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206] - LR100359 (1/2 c.)	240	36.00	0.00	0.00	0.00	0.00	5.00	9.00	0.99	18.90	0.00	1.44	0.00	0.00	1.20	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	240	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	240	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	35	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	55	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)



# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Pizza, Whole Wheat Sausage Breakfast Bagel, Nardone Brothers, 96WPBS, MMA, WGR, Veg-RO - LR100789 (1 piece)	175	240.00	8.00	3.00	0.00	20.00	480.00	30.00	4.00	3.00	14.00	1.80	150.00	0.00	9.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	265	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - LR100609 (1/2 c.)	265	41.14	0.00	0.00	0.00	0.00	0.00	10.06	2.74	6.40	0.48	0.33	18.29	0.00	75.15	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	265	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 3 - ServingDate: 09/24/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	20	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Sandwich, Egg, Turkey Ham & Cheese on WG Muffin, MMA, WG - LR100459 (1 sandwich)	175	220.62	9.57	2.33	0.00	136.49	431.69	25.72	2.00	1.50	10.23	59.40	101.98	176.36	0.01	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut (	75	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Tuesday, Week 3 - ServingDate: 09/24/2019</b>																	
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	270	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	135	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	135	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	270	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, 9-12, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	0	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, Whole Grain Bagel w/ Butter or Lt. Cream Cheese & Jelly & Cereal, WG - LR100449 (1 portion)	30	380.52	9.73	4.90	0.00	25.00	367.19	68.19	5.81	30.38	9.44	6.24	132.50	839.58	6.26	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	125	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	85	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	240	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, 9-12, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	240	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	240	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Thursday, Week 3 - ServingDate: 09/26/2019</b>																	
Cheese, Cheddar, Cheese Stick, Bongards, 40210, MMA - LR100420 (1 stick.)	15	110.00	9.00	6.00	0.00	20.00	170.00	0.99	0.00	0.00	6.00	0.00	200.00	300.00	0.00	(M)	(M)
Entree, French Toast Sticks w/ Syrup, MMA, WG - LR100259 (1 serv.)	150	275.00	6.50	1.00	0.00	15.00	200.00	53.50	0.50	22.50	2.50	1.80	50.00	375.00	0.60	(M)	(M)
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	185	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	15	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Berries, Berry Blend, Whole Strawberry, Blueberry, Raspberry, Frozen, Monarch, F - LR100816 (1/2 c.)	350	35.00	0.00	0.00	0.00	0.00	2.50	10.00	2.00	5.50	0.00	0.18	0.00	0.00	9.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	350	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	350	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020, Bristol Township SD, 9-12, Breakfast, Friday, Week 3 - ServingDate: 09/27/2019</b>																	
Entree, Mozzarella or Cheddar Cheese Stick & Assorted Cereal WG MMA - LR100930 (1 portion)	10	192.19	8.56	4.81	0.00	20.00	322.19	21.18	1.81	6.38	7.94	4.44	247.50	656.25	6.26	(M)	(M)
Parfait, Yogurt w/ Fresh Fruit & Granola, Breakfast, MMA, WG, F - LR100932 (1 serv.)	35	275.91	4.40	0.93	0.00	5.33	104.00	53.43	3.37	26.53	7.91	1.27	129.14	0.00	26.63	(M)	(M)
Sandwich, Mini Chicken on a Whole Grain Bun, Smart Picks, AdvancePierre Foods, 68165, MMA, WG - LR100836 (1 ea.)	200	190.00	7.00	1.00	0.00	45.00	260.00	22.00	2.00	3.00	10.00	1.44	60.00	100.00	9.00	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	245	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	122	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	123	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	245	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Regular  
 Serving Group: 9-12  
 Nutrients Option: All