

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Monday, Week 1 - ServingDate: 09/09/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	0	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, WG Pancakes w/ Syrup, WG - LR100453 (1 portion)	84	320.00	4.00	0.50	0.00	5.00	255.00	67.00	4.00	32.00	5.00	1.08	60.00	100.00	0.00	(M)	(M)
Oranges, Mandarin Orange Segments in Light Syrup, Dole, 38900-04218, F - LR100154 (1/2 c.)	45	80.00	0.00	0.00	0.00	0.00	10.00	19.00	1.00	18.00	0.00	(M)	(M)	(M)	21.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	39	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	84	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Tuesday, Week 1 - ServingDate: 09/10/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	0	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Sandwich, WG Biscuit w/ Egg Patty, Turkey Sausage Patty & Cheese, WG, MMA - LR100351 (1 sandwich)	0	353.55	18.04	4.67	0.00	166.90	709.65	30.71	3.00	6.25	15.89	60.76	170.37	239.36	48.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	52	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Pineapple, Chunks in Pineapple Juice, F - LR100210 (1/2 c.)	47	68.00	0.00	0.00	0.00	0.00	10.00	17.00	1.00	14.00	0.00	0.36	60.00	0.00	1.20	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	84	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Wednesday, Week 1, - ServingDate: 09/11/2019</b>																	
Entree, Waffles w/ Syrup & Butter, EGGO, WG - LR100973 (1 serv.)	0	323.33	9.67	3.83	0.00	20.00	410.00	58.00	3.00	22.00	4.00	4.50	100.00	1133.33	0.00	(M)	(M)
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	0	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Juice, Apple, 100% Juice, Rosenbergers, F - LR100341 (1 Carton)	60	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange, 100% Juice, Rosenbergers, F - LR100340 (1 Carton)	36	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Pears, Bartlett, canned, diced, extra light syrup [100225] - LR100333 (1/2 c.)	39	57.99	0.12	0.00	0.00	0.00	2.00	15.10	2.00	12.40	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	84	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Thursday, Week 1, - ServingDate: 09/12/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	0	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Bread, Blueberry Ultra Slice, 3.4 oz, Super Bakery, 091464607300, WG - LR100790 (1 ea.)	0	270.00	9.00	2.00	0.00	0.00	190.00	43.00	2.00	24.00	6.00	1.44	100.00	100.00	(M)	(M)	(M)
Bread, Whole Grain Ultra Bread Slice Banana (96g), Super Bakery, 6071, WGR - LR100785 (1 slices)	0	280.00	10.00	2.00	0.00	0.00	220.00	44.00	2.00	25.00	5.00	1.08	80.00	100.00	0.00	(M)	(M)
Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206] - LR100359 (1/2 c.)	0	36.00	0.00	0.00	0.00	0.00	5.00	9.00	0.99	18.90	0.00	1.44	0.00	0.00	1.20	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Thursday, Week 1, - ServingDate: 09/12/2019</b>																	
Pears, diced northwest in juice canned - LR100964 (1/2 c.)	39	50.00	0.07	0.00	0.00	0.00	4.00	12.94	1.60	9.70	0.30	0.29	9.00	6.00	1.60	(M)	0.19
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Friday, Week 1 - ServingDate: 09/13/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	0	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	78	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	90	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	60	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	30	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Monday, Week 2 - ServingDate: 09/16/2019</b>																	
Bagel, Whole Grain 1/2 Bagel with Cream Cheese & Jelly - LR100037 (1 serv.)	0	200.00	8.50	5.00	0.00	25.00	290.00	26.00	2.00	13.50	5.00	4.00	20.00	300.00	0.00	(M)	(M)

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<b>2019-2020 Bristol Township SD, K-5, Breakfast, Monday, Week 2 - ServingDate: 09/16/2019</b>																	
French Toast Sticks, Whole Grain Cinnamon Glazed, Fully Cut, Sunny Fresh Foods, 40067, MMA, WGR - LR100835 (3 ea.)	0	210.00	8.00	2.00	0.00	120.00	320.00	27.00	3.00	7.00	8.00	1.80	40.00	200.00	0.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	0	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Juice, Apple, 100 % Juice, Cream-O-Land - LR100013 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange,100% Juice, 668, Cream-O-Land - LR100026 (1 Carton)	0	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	0	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Bagel, Whole Grain 1/2 Bagel with Cream Cheese & Jelly - LR100037 (1 serv.)	0	200.00	8.50	5.00	0.00	25.00	290.00	26.00	2.00	13.50	5.00	4.00	20.00	300.00	0.00	(M)	(M)
Sandwich, Egg, Ham & Cheese on WG Muffin, MMA, WG - LR100246 (1 sandwich)	0	277.40	12.12	3.18	0.00	170.56	732.62	26.29	2.00	1.50	18.75	59.81	113.34	176.36	0.69	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	0	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)

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<b>2019-2020 Bristol Township SD, K-5, Breakfast, Tuesday, Week 2 - ServingDate: 09/17/2019</b>																	
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	0	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
Condiments, Syrup Americana, Portion Pac 1.5oz, Heinz - LR100358 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Wednesday, Week 2 - ServingDate: 09/18/2019</b>																	
Bagel, Whole Grain 1/2 Bagel with Cream Cheese & Jelly - LR100037 (1 serv.)	0	200.00	8.50	5.00	0.00	25.00	290.00	26.00	2.00	13.50	5.00	4.00	20.00	300.00	0.00	(M)	(M)
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	0	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut )	0	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	0	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Juice, Apple, 100% Juice, Rosenbergs, F - LR100341 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange, 100% Juice, Rosenbergs, F - LR100340 (1 Carton)	0	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

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<b>2019-2020 Bristol Township SD, K-5, Breakfast, Thursday, Week 2 - ServingDate: 09/19/2019</b>																	
Bagel, Whole Grain 1/2 Bagel with Cream Cheese & Jelly - LR100037 (1 serv.)	0	200.00	8.50	5.00	0.00	25.00	290.00	26.00	2.00	13.50	5.00	4.00	20.00	300.00	0.00	(M)	(M)
Cheese Stick, Mozzarella, String Cheese, Land O Lakes MMA - LR100070 (1 stick.)	0	80.00	6.00	3.50	0.00	15.00	210.00	1.00	0.00	0.00	7.00	0.00	200.00	100.00	0.00	(M)	(M)
Sandwich, Egg and Cheese, Whole Grain Bun, AdvancePierre Foods, 68079, MMA, WG - LR100456 (1 ea.)	0	160.00	7.00	2.50	0.00	65.00	360.00	20.00	2.00	4.00	6.00	1.44	80.00	300.00	60.00	(M)	(M)
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	0	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Apples, canned, unsweetened, sliced, in water, without salt or nutritive sweeteners [100206] - LR100359 (1/2 c.)	0	36.00	0.00	0.00	0.00	0.00	5.00	9.00	0.99	18.90	0.00	1.44	0.00	0.00	1.20	(M)	(M)
Pears, Bartlett, canned, diced, packed in extra li - LR100033 (1/2 c.)	0	57.99	0.12	0.00	0.00	0.00	2.00	15.12	2.00	(M)	0.38	0.26	9.00	0.00	2.50	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Friday, Week 2 - ServingDate: 09/20/2019</b>																	
Bagel, Whole Grain 1/2 Bagel with Cream Cheese & Jelly - LR100037 (1 serv.)	0	200.00	8.50	5.00	0.00	25.00	290.00	26.00	2.00	13.50	5.00	4.00	20.00	300.00	0.00	(M)	(M)
Beef Sausage, Mini Single on a Whole Grain Biscuit, AdvancePierre Foods, 1297, MMA, WG - LR100662 (3 1/4 ounces)	0	230.00	10.00	4.50	0.00	20.00	560.00	26.00	3.00	3.00	10.00	1.80	100.00	0.00	42.00	(M)	(M)

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<b>2019-2020 Bristol Township SD, K-5, Breakfast, Friday, Week 2 - ServingDate: 09/20/2019</b>																	
Cereal, Bowl Variety, WG - LR100655 (1 bowl)	0	92.19	1.06	0.06	0.00	0.00	142.19	20.19	1.81	6.38	1.44	4.44	72.50	406.25	6.26	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Pineapple, Pineapple Tidbits in 100% Pineapple Juice, Dole, 38900-00513, F - LR100153 (1/2 c.)	0	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	1.00	0.36	0.00	0.00	15.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	0	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	170	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, Yogurt w/ WG Chocolate Graham Crackers, WG - LR100950 (1 serv.)	10	211.50	4.30	1.26	0.00	5.00	181.56	38.25	2.02	20.59	5.53	1.09	226.25	756.25	0.00	(M)	(M)
Pizza, Breakfast, Sausage, Cheese/Cheese Substitute, Whole Wheat, MMA, WGR, VEG-R/O, Nardone Bros., 80WSA100 - LR100959 (1 piece)	130	220.00	10.00	2.00	0.00	15.00	320.00	21.00	2.00	5.00	10.00	1.80	150.00	200.00	6.00	(M)	(M)
Fruit, mixed, canned, packed in extra light sucros - LR100046 (1/2 c.)	147	68.00	0.10	0.03	0.00	0.00	8.00	17.88	1.60	16.38	0.52	0.36	6.00	11.99	3.81	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	163	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Monday, Week 3 - ServingDate: 09/23/2019</b>																	
Milk Variety, K-8, Milk - LR100658 (1 Carton)	320	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Tuesday, Week 3 - ServingDate: 09/24/2019</b>																	
Entree, Waffles w/ Syrup & Butter, EGGO, WG - LR100973 (1 serv.)	150	323.33	9.67	3.83	0.00	20.00	410.00	58.00	3.00	22.00	4.00	4.50	100.00	1133.33	0.00	(M)	(M)
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	150	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, Yogurt w/ WG Chocolate Graham Crackers, WG - LR100950 (1 serv.)	10	211.50	4.30	1.26	0.00	5.00	181.56	38.25	2.02	20.59	5.53	1.09	226.25	756.25	0.00	(M)	(M)
Applesauce, Canned, Unsweetened, Without Salt, #10, 180467 - LR100034 (1/2 c.)	300	60.00	0.00	0.00	0.00	0.00	15.00	16.00	1.00	14.00	0.00	1.44	0.00	0.00	2.40	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	200	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	310	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	150	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, Yogurt w/ WG Chocolate Graham Crackers, WG - LR100950 (1 serv.)	10	211.50	4.30	1.26	0.00	5.00	181.56	38.25	2.02	20.59	5.53	1.09	226.25	756.25	0.00	(M)	(M)



# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Wednesday, Week 3 - ServingDate: 09/25/2019</b>																	
Sandwich, Colby Cheese Omelet on Wheat Bun w/ Ketchup (1), WG, MMA - LR100619 (1 sandwich)	0	250.00	9.00	3.00	0.00	195.00	595.00	28.00	2.00	5.00	14.00	2.16	140.00	400.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	0	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Pears, diced northwest in juice canned - LR100964 (1/2 c.)	0	50.00	0.07	0.00	0.00	0.00	4.00	12.94	1.60	9.70	0.30	0.29	9.00	6.00	1.60	(M)	0.19
Milk Variety, K-8, Milk - LR100658 (1 Carton)	310	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Thursday Week 3 - ServingDate: 09/26/2019</b>																	
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	150	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, Yogurt w/ WG Chocolate Graham Crackers, WG - LR100950 (1 serv.)	15	211.50	4.30	1.26	0.00	5.00	181.56	38.25	2.02	20.59	5.53	1.09	226.25	756.25	0.00	(M)	(M)
Entree, WG Donut w/ Glaze, WG - LR100929 (1 doughnut)	0	416.08	15.00	7.00	0.00	0.00	300.00	63.50	2.82	40.50	5.00	0.70	13.90	10.00	0.00	(M)	(M)
Fruit, Assorted Fresh Fruit, F - LR100802 (1 piece)	0	114.00	0.33	0.11	0.00	0.00	1.80	29.23	4.77	20.63	1.28	0.36	36.80	220.56	42.93	36.64 (M)	0.14(M)
Juice, Apple, 100% Juice, Rosenbergers, F - LR100341 (1 Carton)	60	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange, 100% Juice, Rosenbergers, F - LR100340 (1 Carton)	36	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	315	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>2019-2020 Bristol Township SD, K-5, Breakfast, Friday, Week 3 - ServingDate: 09/27/2019</b>																	
Breakfast Stick, Sausage Wrapped Pancake, Whole Grain, Foster Farms, 95121, WG, MMA - LR100958 (1 piece)	0	200.00	10.00	2.50	0.00	25.00	310.00	17.00	3.00	4.00	7.00	1.80	20.00	0.00	0.00	(M)	(M)
Entree, WG Assorted Cereal w/ WG Chocolate Graham Crackers, WG - LR100926 (1 serv.)	100	213.69	5.11	1.08	0.00	0.00	268.75	40.44	3.84	13.46	3.46	5.54	173.75	912.50	6.26	(M)	(M)
Entree, Yogurt w/ WG Chocolate Graham Crackers, WG - LR100950 (1 serv.)	4	211.50	4.30	1.26	0.00	5.00	181.56	38.25	2.02	20.59	5.53	1.09	226.25	756.25	0.00	(M)	(M)
Juice, Apple, 100% Juice, Rosenbergers, F - LR100341 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	3.00	15.00	0.00	15.00	1.00	0.00	10.00	0.00	1.20	(M)	(M)
Juice, Orange, 100% Juice, Rosenbergers, F - LR100340 (1 Carton)	0	55.00	0.00	0.00	0.00	0.00	3.00	13.00	0.00	12.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)
Peaches, canned, juice pack, solids and liquids, 100218 - LR100352 (1/2 c.)	0	153.23	0.38	0.00	0.00	0.00	0.00	38.31	2.02	26.21	1.39	0.54	0.00	1209.68	6.05	(M)	(M)
Milk Variety, K-8, Milk - LR100658 (1 Carton)	320	128.80	0.15	0.09	0.00	1.35	224.35	23.24	0.00	21.40	8.00	0.00	300.00	500.00	1.31	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Breakfast  
Site Group: Elementary School  
Menu Line: Regular  
Serving Group: K-5  
Nutrients Option: All